

## Anna Walker, PhD

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Contributing Researcher: Transtechnology Research Group, Plymouth University

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## Brief Bio

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Anna Walker, PhD, is an artist, writer and researcher. She has exhibited her work nationally and internationally. She was awarded an MA in Fine Art from Southampton University in 1998, and a certificate in Psychotherapy from CBPC, Cambridge, in 2010. An interest in the effects of trauma on the body, developed during her work as a psychotherapist, led her to a PhD in Arts and Media at Plymouth University, which she completed in May 2017. She is interested in how the body responds to overwhelming and stressful situations, how it reorganises itself to cope with or manage the trauma. Her research balances the auto-ethnographic with the critical, utilising personal experiences to facilitate a greater understanding of memory, trauma and its wider cultural implications.

## Education

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2012 - 2017	PhD: <i>'In and out of memory: exploring the tension between remembering and forgetting when recalling 9/11, a traumatic event.'</i> Arts and Media Research Department; Plymouth University
2012 - 2012	GTA Certificate of Professional Development, Learning and Teaching for General Teaching Associates
2008 - 2010	Continuing Professional Practice in Systems Centred Training and Trauma
2009 - 2010	OCN Reg. Form/Working in the CJS and OCN Reg. Form/Vulnerable Groups
2006 - 2009	Cambridge School of Body Psychotherapy, Diploma/ UKCP Accreditation
2006 - 2007	Cambridge School of Body Psychotherapy, Certificates in Biodynamic Massage and Anatomy and Physiology.
2004 - 2007	CORE Evolution European Body Psychotherapy EABP Training
1994 - 1995	MA Fine Arts 2:1, Southampton University: Winchester, Barcelona, Spain
1982 - 1985	BA (Hons) Textiles and Fashion 2:1, University of the West of England
1981 - 1982	Foundation in Art/Design, University of Central England

## Recent Exhibitions, Performances and Screenings

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Performance, The North London Traditional Storytelling Circle, The Harp of Dagda. London, February 2020.

Performance, Language of the Birds, Vasilisa the Beautiful. The Blue Lotus Foundation. London. December 2019.

'In and out of memory: exploring the tension between remembering and forgetting'. A screening of PhD Research. The Blue Lotus Foundation. London. October 2019.

'Ghost-Walk' and 'Ghost II' (2017), 'Remembering' (2017). Screening, Trans-States: The Art of Revelation, Northampton University, September 13—14<sup>th</sup>, 2019.

'Breathe Wind into Me, Chapter 1' Screening, SVA, Stroud, UK, <https://www.sva.org.uk/>, September 20<sup>th</sup>, 2019

'Water binds me to your name' (2017-2020). 'Empty Pro(e)mises' curated by Katerina Koskina from EMST (National Museum of Contemporary Art Athens) and Lanfranco Aceti. (2019/2020)

Sound Within Bodies: Screening of 'Six Fragments (2017)'. *RE:SOUND 2019* at Musikken Hus, Aalborg, Denmark, August 2019.

Art's Practice as Research—A screening of: 'Breathe Wind into Me, Chapter 1'. *Cracking the Established Order—Practice Based Research in Academia*, De Montfort University, Leicester, UK, June 2019.

Utilising the breath as an experiential tool to teach, learn and manage trauma. A screening of: 'Breathe Wind into Me, Chapter 1'. *REMEMBRANCE, TRAUMA TRANSMISSION AND EXPERIENTIAL LEARNING*. Turku University, Finland, May 2019.

'For These are my Mountains', sound installation: mixtape #IWD, Department of Creative Arts, Media and Music, Dundalk, Ireland. (7/ 8<sup>th</sup> March 2019).

'Six Fragments', and 'Breathe Wind into Me: Chapter 1', Screening and presentation at INIVA, London, 21<sup>st</sup> February 2019.

'Breathe Wind in to Me': Chapter 1 and 2. Making Space at Fabrica Gallery, Brighton. January 14-18<sup>th</sup> 2019.

'Six Fragments,' and 'Remembering.' PhD Research, final show. Jill Craigie Cinema, Plymouth University. May 2017.

'Remembering.' Future Imperfect Symposium. Scott Building, Plymouth University. April 2017.

'Walk II,' sound piece. Voice and Identity: Touches, Textures, Timbres. University of Winchester. January 2017.

'Six Fragments,' (2014-2016), 'Remembering,' (2015-2016), Work in Progress: Jill Craigie Cinema, Plymouth University. June 2016

'Falling,' (2014) 'Ghost-walk,' (2015), The Undivided Mind Symposium, Jill Craigie Cinema, Plymouth University. July 2015

'The Dead', (2015), locative sound artwork, ARTIST ROOMS Gerhard Richter: Plymouth Museum and Arts Gallery. Sept 2015

'9/11 Flashbacks,' (2014), Journeys across media, Reading University. April 2014

'Memory that I am, yet that I also wait for...' (2012-2013), Plymouth Arts Centre, Nov 2013

'Memory that I am, yet that I also wait for...' (2012-2013) Karst, Plymouth, Aug 2013

### **Published Papers/ Book Chapters**

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Walker, A., (2020) Gravity, Epistemology, and Representation: A Weightless Exploration. Wings of Desire: Locating the self, amidst the complexities of bordered and borderless spaces. To be published July 2020.

Walker, A., (2020) 'Locating the Sounds of Trauma Within me.' RE:SOUND 2019. To be published April 2020

Walker, A., (2020) 'Breath Wind into Me, Chapter 1, A Work in Progress.' A multi-media presentation to explore how art itself activates and constitutes new forms of knowledge. Cracking The Established Order 2019, Conference Paper to be published Spring 2020.

Walker, A., (2020) 'The haptic visual: making sense of the world through touch or being touched.' *Artists and the Philosophers we Love*. Conference Paper to be published April 2020.

Walker, A., (2020) 'Utilising the breath as an experiential tool to teach, learn and manage trauma.' Book Chapter, Conference Proceedings, to be published July 2020.

Walker, A., (2019), 'Memories of ideoplasticity: in defence of ectoplasm and other ideoplastic manifestations.' *Transtechnology Slow Conference: Revisiting ideoplasticity: contingency, action and imagination, 2018*, Plymouth University.

Walker, A., (2018), 'The body turned inside-out, upside-down and back to front. Using the body as a site of discussion to examine what is left after artistic research has eaten itself.' SAR: **ARTISTIC RESEARCH WILL EAT ITSELF**, "A kiss is the beginning of cannibalism." <https://www.researchcatalogue.net/view/512748/512749>

Walker, A., (2017) 'In and out of memory: exploring the tension between remembering and forgetting when recalling 9/11, a traumatic event.'

PhD thesis: Arts and Media Research Department; Plymouth University

<https://pearl.plymouth.ac.uk/handle/10026.1/9692>

Walker, A., (2017) Arthur Balfour's Ghosts: An Edwardian Elite and the Riddle of Cross-Correspondence Automatic Writings by Trevor Hamilton. Leonardo Reviews [online] February. Book Review. Available at <https://www.leonardo.info/review/2018/02/review-of-arthur-balfours-ghosts-an-edwardian-elite-and-the-riddle-of-cross>

Walker, A., (2015) 'The Body In Between, the dissociative experience of trauma.'

*Technoetic Arts*, Volume 13, Number 3, December 2015, pp. 315-322(8)

<http://www.ingentaconnect.com/content/intellect/ta/2015/00000013/00000003>

Walker, A., (2015) 'In and out of memory: exploring the tension when remembering a traumatic event.' *Journal for Artistic Research, (JAR)*, September, 2015

<http://www.researchcatalogue.net/view/99519/99520>

Walker, A., (2014) The Trauma of the Flashback: Memory and its Suffering Negotiated Through 'September', a Painting by Gerhard Richter.' *PsyArt*, Oct 14, 2014

<http://psyartjournal.com/article/show/walker-the-trauma-of-the-flashback-memory-and-i>

Walker, A., (2013), 'Falling (1)' Volume 12, *Body Space and Technology*, (BST), 2013

<http://people.brunel.ac.uk/bst/vol12/>

## Conference Presentations

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Walker, A., (2020) 'Making sense of violence in the digital age. The 'Affect' of the Digital.' Gdansk, Poland. February 2020.

Walker, A., (2020) 'Regarding the moral injuries of Drone Warfare. A complex interplay of embodied and disembodied betrayal, seen through Elaine Scarry's 'The Body In Pain' (1985), and *Haptic Visuality*.' February 7-8<sup>th</sup>, 2020.

Walker, A., (2019) 'Breath Wind into Me, Chapter 1' Talk and Screening, SVA, Stroud, UK, <https://www.sva.org.uk/>, September 20<sup>th</sup>, 2019

Walker, A., (2019) When things fall apart and the centre cannot hold. Trans-States: The art of revelation. University of Northampton, 13-14<sup>th</sup> September 2019.

Walker, A., (2019) Sound Within Bodies: Locating the Sound of Trauma Within Me. *RE:SOUND 2019* at Aalborg University, Denmark, August 2019.

Walker, A., (2019) The haptic visual: making sense of the world through touch or being touched. *Artists and the Philosophers We Love*. University of Hertfordshire, UK, June 2019.

Walker, A., (2019) Art's Practice as Research—A Methodology for 'Breathe Wind into Me, Chapter 1'. *Cracking the Established Order—Practice Based Research in Academia*, De Montfort University, Leicester, UK, June 2019.

Walker, A., (2019) Utilising the breath as an experiential tool to teach, learn and manage trauma. *REMEMBRANCE, TRAUMA TRANSMISSION AND EXPERIENTIAL LEARNING*. Turku University, Finland, May 2019.

Walker, A., (2019) An examination of gravity beginning with Wings of Desire, an audio-visual essay. *Gravity, Epistemology, and Representation: A Weightless Exploration*, Plymouth University, May 2019.

Walker, A., (2019) More than a word, a discussion of the performative gestures of an online English teacher/artist. Conference Paper and film presentation. *Creative Multilingualism, Performing Languages*. Birmingham University 1-2nd February 2019.

Walker, A., (2018) A discussion of what it means to voice a traumatic experience and how does the Cinematic contribute to an affective understanding of a traumatic memory. Conference Paper. *Creative Image: Ways of Seeing, Representing and Reshaping Reality, 1<sup>st</sup> International Residency Conference*. Manchester University. September 21<sup>st</sup>-27<sup>th</sup> 2018.

Walker, A., (2018) Shame and its consequences: mapping shame through the body after a traumatic rupture. *Performance Trauma and Victimhood Conference*. IAS, Common Ground, University College London. June 18<sup>th</sup> 2018.

Walker, A., (2018) The body turned inside-out, upside-down and back to front. Using the body as a site of discussion to examine what is left after artistic research has eaten itself.

SAR: Artistic Research Will Eat Itself, "A kiss is the beginning of cannibalism." Plymouth University. April 11<sup>th</sup> – 13<sup>th</sup> 2018.

Walker A., (2018) Memories of Ideoplasticity: in defence of ectoplasm and other ideoplastic manifestations.' *Transtechnology Slow Conference: Revisiting ideoplasticity: contingency, action and imagination*. Plymouth University. April 18<sup>th</sup> 2018.

Walker, A., (2017) An autoethnographic discussion of what it means to voice a traumatic experience that challenges the boundaries of subjective representation, and how the *Cinematic* can contribute to an affective understanding of traumatic memory. *Future Imperfect Symposium*, Plymouth University. April 1<sup>st</sup> 2017.

Walker, A., (2017) An autoethnographic exploration of what it means to voice a traumatic experience that challenges the boundaries of subjective representation. Conference Paper. *Voice and Identity: Touches, Textures, Timbres' Symposium*, University of Winchester. January 28<sup>th</sup> 2017.

Walker, A., (2015) The Body In Between, the dissociative experience of trauma. The Undivided Mind, Jill Craigie Cinema, Plymouth University.

Walker, A., (2015) 'In and out of memory: exploring the tension between remembering and forgetting when recalling 9/11, a traumatic event. A discussion of the methodology and early stages of research.' Transart residency, Berlin.

Walker, A., (2014) 'The trauma of the flashback: memory and its suffering.' Journeys Across Media, Reading University.

## **Workshops, Invited Talks and Symposia**

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Walker, A., (2020) Making sense of violence in the digital age. Workshop. Gdansk, Poland. February 2020.

Walker, A., (2019) Archetypal Constellations, a workshop for the future. London. September 2019.

Walker, A., (2019) Utilising the breath as an experiential tool to teach, learn and manage trauma. *REMEMBRANCE, TRAUMA TRANSMISSION AND EXPERIENTIAL LEARNING*. Turku University, Finland, May 2019.

Walker, A., (2019) When artists get it 'wrong'. The repercussions of crossing a line: vitriol, shame and trauma. INIVA, Stuart Hall Library, London. February 21<sup>st</sup> 2019.

Walker, A., (2018) The Traumatic Pathways of Immigration. IMPACT18 - MATTER IN MOVEMENT. Essen, Germany November 7th - 11th, 2018.

Walker, A., (2018) We Need to Talk About Windrush: Panel Discussion Anita Sethi, Anna Walker and Stephen Bourne explore the impact and the mythologies of the *Empire Windrush's* arrival at Tilbury and its legacy as a key moment in migration history. *London is the Place for Me – A weekend festival of Caribbean literature and liming*. British Library, London. September 2018.

Walker, A., (2015) 'In and out of memory: exploring the tension between remembering and forgetting when recalling 9/11, a traumatic event. A discussion of the methodology and early stages of research.' Transart residency, Berlin.

## **References**

Dr Jane Grant

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